



### EMS Electric abdominal muscle belt, stimulator

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Name	Description
Model	EMS abdominal, arm, leg, waistmuscle stimulator
More	<p>1. EMS (Electrical Muscle Stimulation) sends a signal directly to the muscles via current stimulation and stimulates muscle movement. All you need to do is to attach the belt to your body and let it train the muscles, thus stimulating muscle training and movement. 2. 6 modes and 10 intensity levels: the LED screen clearly displays the different modes, including shoulder/back/abdominal/arm/waist. 10 intensity levels - from warm-up to high intensity. This gives you more choices, just click the button with one finger and it will switch to the desired modes. 3. Rechargeable LCD display with USB cable (USB cable included). 4. 20 minutes a day! this is equivalent to 2000 m of free running, 2 hours of jogging, 1 hour of yoga, 1 hour of skiing, 30 minutes of free swimming, 2 weeks of diet control. All you have to do is attach the belt to your stomach, arms, waist, legs or hips and let it exercise your muscles.</p>
Material	PU, ABS
Colour	Black
DIMENSIONS	Belt length: 60 cm
ACCESSORIES	1* adjustment device 1* strap 1* USB charging cable 1* Instruction manual