

EMS hip muscle stimulator, abdominal trainer

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Name	Description
Model	muscle stimulator
More	<p>Exercise your abdominal muscles, arm muscles, waist muscles, leg muscles and other parts until the muscle-building effect. Stimulating the muscle nerve, the impulse of the signal movement to the muscle, stimulating the muscle to complete the contraction movement, the energy consumption to achieve weight loss. Muscles will gradually decrease the strength of the arms, legs and waist during a period of intense training, so that the energy state of the muscle is full. The ergonomic design of the pads provides excellent grip on the hips. The trainer will do the work for you while you watch TV or relax. Works to relieve muscle soreness, as does the electric massage to encourage muscles to contract and relax rhythmically. The trainer can help you tone, tighten and firm the hips and buttocks you've always wanted!</p>
More information	<ol style="list-style-type: none">1. The EMS trainer can help you tone, tighten and firm the hips and glutes you've always wanted!2. With a U-shaped pad for the hips.3. Self-training at home, gym and office.4. Ergonomic pad design provides excellent grip on the hips.5. Electric buttock muscle stimulation
Colour	Black
DIMENSIONS	260*188*12.8mm